



**Crossgates Bioenergetics  
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## Horses & Pets



### Newsletter May 2006

Sponsored Horse Ride's on the **Duke of Northumberland's** private estate lots of jumps for all abilities & all optional. A great day out for all. Ring Justine on 01665 606600 at the yard to find out dates/price as a few are being run over the summer months & accommodation if required.

#### Bioenergetics for the Spring/Summer months-

**Laminitis:** Spring is here and therefore spring grass is too, coupled with the dread of Laminitis. Laminitis is caused by an inflammation of the Laminar Tissues connecting the hoof to the pedal bone, caused for a number of reasons including lush spring grass. We offer two types of remedies; A remedy to give if the pony is prone to Laminitis and one to administer if in the unfortunate case a pony has Laminitis.

**Showing:** It's that time again, early mornings, late baths, nervous owners and excited horses. Many of us are taking out horses for the first time in the coming weeks and the thought of it sends many into panic... How will our horses react? Try "AAA", a combination remedy to progressively calm anxious and excitable horse. "AAA" should be given as soon as the routine starts to change, for many of us this will be the night before when bathing. Keep it at hand during the day. We have very positive results from **dog showing** enthusiasts who attended Crufts and this should be applied as with the **horses**, as the routine starts to change. Keep it on you during the day! Ask about our Special Show Kits!

**Sweet Itch/Flies:** We offer a remedy including the Culicoides Midge and supporting remedies in order to reduce the attack on the horse. Alternatively send in any flies or scabs from the horse and we will happily make a remedy to suit your horses' individual need.

**Colic:** This time of the year sees an increase in colic cases. It is essential to seek veterinary assistance, but until they arrive it is paramount to keep the horse as calm as possible. We can supply a remedy in order to relieve intestinal spasm, relax the gut and calm the horse. It is specifically designed for gastric colic bought on by eating too much rich food, typically seen this time of the year.

**Headshaking:** A summer allergy from airbourne pollens. A mixed remedy is available in order to eliminate the reaction to airbourne pollen and enable you to enjoy the summer evenings.

**Strangles:** Due to the amount of travelling carried out during the show season horses and ponies become more susceptible to the onset of Strangles. We produce two types of remedies, one to keep in your travelling tack box to be administered at the show or on the way home and one in your first aid kit incase of an onset of Strangles.



#### News:

New -Equine dept telephone no: **0845 1308 235**

Email - [equine@crossgatesfarm.co.uk](mailto:equine@crossgatesfarm.co.uk)

Course on Equine Touch. If you are interested- ring Crossgates for details. Date: 26th - 28th of May

Location: Craven College Equine Department

Go to: [www.theequinetouch.com](http://www.theequinetouch.com)

We are attending the Pig and Poultry fair at Stoneleigh on the 9-10th May

We have recently carried out three talks throughout the area: The first was for Oxenhope and Howarth Bridleways at the White Lion Pub at Oxenhope. This was well attended and a good night was had by all. The second was with Tim Jarman, a McTimmony Specialist. This was carried out at Lynn Henry's house in Leeds. Lynn Henry has just published a book aimed at ambitious children looking after horses called "Think Like a Pony, The Small Persons Guide." Call us for your copy. The final talk was carried out here, at Crossgates for Cumbrian Bridleways. It was well attended and included a number of our customers who got the chance to look around our base. **If you are interested in an evening at Crossgates or leaflets for your dog or riding club etc, please feel free to contact us to discuss it further.**

#### First Aid kits for all Animals-

We cannot stress how essential it is to have a first aid kit. Often problems can be resolved quickly & will help you from an otherwise costly vet bill. You need these remedies always to hand just in case of an accident.

Using a remedy straight away e.g:

**Arnica** for bruising/ bleeding/ trauma/ physical shock & for pain relief.

**Hepar Sulph** for abscesses/ infections.

**Aconite** the first remedy to use for fear/ shock/ frights.

**Ruta** helps sprains/ strains/ muscular tears/ weakness after injury. Ligament & tendon damage.

**Ledum** for puncture wounds/ anti-tetanus/ fly bites.

**Staphisagria** for cuts/ barbed wire injury.

**Hypericum/ Calendula** to bathe & cleanse wounds sores & the list goes on.

#### SALE SPECIAL OFFER -NICE PRESENT IDEA:

Show kits, for Show season: 8 rems + free book: £50.00

Small kits 8 rems + FREE book worth £5 for £50.00 + VAT. Total Saving of £43.00!

Large kits 18 remedies + FREE book worth £5.00. +VAT (Normally £170). Total Saving of £78.00.

### **Apple Cider Vinegar for the Competition Horse:**

Additionally to all benefits mentioned previously ACV contains Pectin which is found in apples and other fruits such as Pears. The properties of Pectin are shown to reduce cholesterol deposits in the arteries and assists in healthy bowel movement. This can only be considered an aid when caring for the larger show horses. Judges love to see a well covered larger horse and although this may win red rosettes (as well as other factors), it will undoubtedly have a detrimental effect on the horses' health in the long term. Feed ACV in order help maintain a healthy cholesterol level within your show horse. We have seen very successful results in [horses](#) and [dogs](#) which have problems with cholesterol levels.

### **Care of Remedies:**

Once the decision has been made to purchase a kit, it is essential to understand how to care for it in order to maximise its life & ensure that their efficacy is not lost.

The nature of remedy appears to be a form of energy pattern harnessed from the original substance during the potentising process. (Day, 1998). This is then imprinted to either a solvent, liquid, powder or tablet therefore all conventionally measurable traces of the original substance are lost & the ability to produce side effects. The curative power is enhanced & this must be encased in a relatively liable form. The storage environment should be free from direct sunlight, clear from excessive damp, cold, heat & away from very strong smelling substances. Our cases are strong, rigid & securely fastened, perfect for storage.

### **Testing for summer allergies:**

We have been working with a fantastic machine, the E-machine. Tests for your animals can be carried out on the machine using a witness such as a hair sample. Types of therapy and analysis are selected from a range of categories depending on the subject and the treatment required. The machine offers two types of analysis, either a complete progression through a list with assessment and balancing carried out for each remedy (eg testing for Bacteria) or the machine chooses the most important remedy for the subject, balances that and records it, then chooses the next most likely and so on. The E-machine produces a report which contains a list of the remedies most needed. A remedy bottle contains all the remedies on the report and many others. The E-machine enables one to find the direct remedy for an ailment or allergy, thus saving time and frustration in time for the summer months. Call Crossgates to discuss further.

*From Julie, Kate, Linda, Vicki, David, Christine, Rebecca, Karen, Brian, Sam & Chris.*

**Grace Muir:** Grace is the Stud Manager at North Farm Stud on the Oxfordshire/Berkshire border & has been an enthusiastic client of Crossgates for some time, using the bespoke remedies to great effect on horses she feels will benefit. As well as the usual activities at the Stud, Grace retains & rehomes ex-racehorses as well as training a small string of Point-to-Pointers & Hunter Chasers.

Grace particularly enjoys nursing injured horses back to health & as the Horse & Hound wrote recently, "Grace is getting quite a reputation for patching up old crocks," which was proven when she took Yeoman Sailor under her wing. After a four & a half year absence from racing due to injury, Grace trained him to win a Point, Hunter Chase & to finish 2nd in the Intrum Justitia Cup last year. This season, Grace trained Word of Honour, who had not raced for three years, to win at Ston Easton. Check out the North Farm Stud website on:

[www.northfarmstud.com](http://www.northfarmstud.com) to find out more about the Stud & Heros (Homing Ex-Racehorses Organisation Scheme). HEORS started in 1992 & since then has successfully re-homed over 300 horses.

**Selenium & Vitamin E:** Deficiencies are generally recognized by the tissues that are affected. They are White muscle Disease in foals, Yellow fat disease of foals, Equine Degenerative Myeloc-ephalopathy (EDM) & some reproductive disorders of the mare & stallion.

These conditions occur as a result of an inadequate intake of Vit E & Selenium by the mare during pregnancy or during lactation. In the pregnant mare, Selenium is transferred across the placenta. This is not the case with Vit E. Both Vit E & Selenium are secreted into the mares milk & colostrum. Which can be high content of both, providing the mare has had an adequate intake.

We know that the foal needs an adequate supply of Vit E & Selenium in order to have a very good immune response to infectious diseases. Vit E must come in the colostrum & the first milk for it to be effective to the newborn. In the newborn foal with inadequate Vit E & Selenium, the immune system would be depressed & that could be an important factor in neonatal diarrhea, pneumonia & naval infections. This condition has been very well documented in calves.

Excess levels of water soluble Vitamins are usually excreted in the urine.

**Vit A:** Good for, healthy skin & hooves, maintain healthy epithelial tissue in the respiratory, digestive & reproductive tracts. Bone development in young horses.

Deficient in: Susceptibility to infection of the respiratory & reproductive tracts. Progressive weakness, Dry coat.

**Vit B12:** Production of red blood cells; Utilization of proteins, fats & carbohydrates in feed.

No deficiency problems recorded but those suffering from stress, anemia, severe parasitic conditions may benefit from supplementation.

**Thiamin(B1):** Metabolism of carbohydrates & proper function on nervous system.

Abnormal slow heart rate, muscular inco-ordination, loss of appetite therefore weight loss too.

**Biotin:** Metabolism of proteins, carbohydrates & fats. Improve poor quality hoof by strengthening the hoof wall.

If mold is present in feed it can inhibit the body's ability to utilize biotin.

**Vit D:** Promotes proper absorption, transportation, metabolism of calcium & phosphorus.

Critical for proper growth. The two major sources are Sunlight & Sun cured hay.

Reduced growth rate, bone weakness, failure of normal, bone calcification, lameness & loss of appetite.

**TOXICITY:** Excess causes improper transport of calcium, causing calcium depositis in soft tissue. Loss of proper joint function. Consider feeding Seaweed and ACV!

